

# Foundation Essentials

Five Formulas in a Single-Dose Packet

ePV:

**Dietary Supplement**  
**30 Packets**

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**EXCLUSIVE PROFESSIONAL FORMULAS**



## Foundation Essentials

**PROFESSIONAL USE ONLY**

Not for resale on third-party websites, including, but not limited to, Amazon® and eBay®.

**DIRECTIONS:** Take the contents of one packet daily, or use as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking blood thinners or other medication should discuss potential interactions with their healthcare practitioner. Do not use if packet is damaged.

Foundation Essentials provides 30 days of supplementation in convenient, once-a-day packets. Each packet provides a daily dose of five XYMOGEN foundational health formulas: ProBioMax® Daily DF, ActivNutrients® without Iron, Omega MonoPure® 650 EC, OptiMag® 125, and D3 2000. These formulas provide high-potency probiotics, an iron-free multiple, IFOS five-star certified omega-3 fatty acids, and extra magnesium and D3. Foundation Essentials can be used for any number of purposes, such as to serve as a kick start to your MedPax® program, basic supplementation while you wait for lab results, or a convenient way to supplement while traveling.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**DOES NOT CONTAIN:** Wheat, gluten, yeast, soy protein, dairy products, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

**MecobalActive™**  
The active form of B<sub>12</sub>  
is a trademark of Ferrer Health Tech.

Manufactured using MaxSimil® fish oil. MaxSimil® is a registered trademark of Ingenutra, Inc. Protected under US patents 8,119,690 and 8,198,324; Canadian patents 2672513 and 2677670.



**HOWARU®**  
HOWARU® and the HOWARU® logo are registered trademarks of DuPont or its affiliates. HN019® is a registered trademark of Fonterra™ Limited and is licensed to DuPont Nutrition Biosciences.

**Quatrefolic®**  
Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US patent 7,947,662.



Albion, DimaCal, TRAACS, and the Albion Medallion design are registered trademarks of Albion Laboratories, Inc. Malates covered by US patent 6,706,904 and patents pending.

XYMOGEN supports the initiative



clean seas

turn the tide on plastic

XYMOGEN is committed to reducing the amount of plastics used throughout our business, particularly in the packaging of our products. With our participation in the United Nations Environment Programme Clean Seas initiative, we strive to positively decrease our environmental footprint, providing results that can ultimately:

- » Help free the ocean of litter, making it safer for millions of marine animals.
- » Reduce the use of non-renewable resources.
- » Keep wild-caught seafood healthy and safe to eat.
- » Protect maritime economies such as organic fishing, tourism, and recreation.

We are doing our part to make a world of difference. How are you making an impact?

#CleanSeas

## Supplement Facts

Serving Size: 1 Packet  
Servings Per Container: 30

	Amount Per Serving	%Daily Value
Calories	5	
Total Fat	0.5 g	1% <sup>†</sup>
Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate)	1120 mcg	124%
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate)	125 mg	139%
Vitamin D3 (cholecalciferol)	52.5 mcg (2100 IU)	263%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	67 mg	447%
Thiamin (as thiamine mononitrate)	10 mg	833%
Riboflavin (as riboflavin 5'-phosphate sodium)	10 mg	769%
Niacin (as niacinamide and niacin)	32 mg	200%
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	588%
Folate (as Quatrefolic® (6S)-5-methyltetrahydrofolic acid, glucosamine salt)	200 mcg DFE	50%
Vitamin B12 (as MecobalActive® methylcobalamin)	250 mcg	10,417%
Biotin	500 mcg	1667%
Pantothenic Acid (as d-calcium pantothenate)	100 mg	2000%
Choline (as choline dihydrogen citrate)	18 mg	3%
Calcium (as DimaCal® di-calcium malate, d-calcium pantothenate, and calcium ascorbate)	50 mg	4%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as Albion® di-magnesium malate and TRAACS® magnesium lysinate glycinate chelate)	175 mg	42%
Zinc (as TRAACS® zinc bisglycinate chelate)	6.5 mg	59%
Selenium (as Albion® selenium glycinate complex)	50 mcg	91%
Copper (as TRAACS® copper bisglycinate chelate)	0.5 mg	56%
Manganese (as TRAACS® manganese bisglycinate chelate)	0.25 mg	11%
Chromium (as TRAACS® chromium nicotinate glycinate chelate)	250 mcg	714%
Molybdenum (as TRAACS® molybdenum glycinate chelate)	25 mcg	56%
Potassium (as Albion® potassium glycinate complex and potassium ascorbate)	49.5 mg	1%
MaxSimil® Fish Oil Concentrate	650 mg	**
Total Omega-3 Fatty Acids	430 mg	**
EPA (eicosapentaenoic acid)	300 mg	**
DHA (docosahexaenoic acid)	130 mg	**
Proprietary Blend	174 mg (15 Billion CFU)	**
Lactobacillus acidophilus La-14®		
Bifidobacterium longum BI-05™		
Lactobacillus plantarum Lp-115®		
HOWARU® Bifido (Bifidobacterium lactis HN019®)	50 mg (15 Billion CFU)	**
Inositol	18 mg	**
PABA (para-aminobenzoic acid)	6.5 mg	**
Vanadium (as TRAACS® vanadium nicotinate glycinate chelate)	375 mcg	**

† Percent Daily Values are based on a 2,000 calorie diet.  
\* Daily Value not established.

**Other Ingredients:** HPMC (capsule & acid-resistant capsule), microcrystalline cellulose, ascorbyl palmitate, silica, medium-chain triglyceride oil, vegetable stearic acid, softgel (fish gelatin, vegetable glycerin, and purified water), GRAS enteric coating (ethylcellulose, sodium alginate, purified water, medium-chain triglycerides, oleic acid, vegetable stearic acid, and ammonium hydroxide), mixed natural tocopherols, vegetable magnesium stearate, organic extra virgin olive oil, and softgel (bovine gelatin, vegetable glycerin, and purified water).

**Contains:** Fish (anchovy and/or sardine [sources of fish oil], tilapia and/or pangasius [sources of fish gelatin]).

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†Colony Forming Unit