



# SAM-e

THE Methyl Donor\*

ePV:

**30 Acid-Resistant Vegetarian Capsules** | **Dietary Supplement**



EXCLUSIVE PROFESSIONAL FORMULAS



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ZLB-SAMCAP-01



**Admix**  
Admix® is a registered trademark of Gnosis S.p.A.  
Patent reference: PCT/IT2006/000610

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**Other Ingredients:** HPMC (capsule), microcrystalline cellulose, ascorbyl palmitate, calcium oxide, silica, and calcium chloride anhydrous.

Supplement Facts	
Serving Size: 1 Capsule	
Servings Per Container: 30	
Amount Per Serving	% Daily Value
S-adenosyl-L-methionine (as Admix® S-adenosyl-L-methionine disulfate p-toluenesulfonate)	200 mg **
** Daily Value not established.	

**STORAGE:** Keep closed in a cool, dry place out of reach of children.  
**DOES NOT CONTAIN:** Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**DIRECTIONS:** Take one capsule daily, or as directed by your healthcare practitioner. Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Use special caution in individuals with bipolar disorder. Do not use if foil is punctured.

SAMe (S-adenosyl-L-methionine) is a molecule that is naturally formed in the body. SAMe is a methyl donor in a process essential to normal cell health and function known as methylation. The methylation process can decline with age or as a result of chronic alcohol consumption, and it can be limited by genetic defects.\* SAMe contributes to the synthesis, activation, and metabolism of neurotransmitters, proteins, nucleic acids, phospholipids, hormones, and some drugs. It supports glutathione production, liver health, joint comfort, and a healthy mood.\*

Gnosis' Admix® contains a minimum of 70% of the SS isomer of SAMe, the form the body can use most readily. This relatively high concentration makes SAMe cost-effective. Each capsule is sealed in a nitrogen-purged blister pack to maximize protection from the environment.\*

**SAM-e**  
PROFESSIONAL USE ONLY