

**PROFESSIONAL USE ONLY**

**Not for resale on third-party websites, including, but not limited to, Amazon® and eBay®.**

**DIRECTIONS:** Blend, shake, or briskly stir two scoops (51 g) into 8-12 oz chilled water and consume once daily, or as directed by your healthcare practitioner. Adjust amount of water to desired sweetness and thickness.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged. The labeling on this product does not comply with California's Proposition 65. Therefore, this product may not be sold in California.

**BrainSustain™** represents more than 30 years of neuroscience research. Designed to address brain health, structure, and function, BrainSustain contains a variety of nutrients and cofactors that support mitochondrial energy production, antioxidant systems, neurotransmitter production, and cell membrane integrity.\*

BrainSustain features 50 mg of EVNol™ in every serving. EVNol is a patented full-spectrum, pure d-mixed-tocotrienols complex derived from red palm oil—a scientifically validated source. It provides all four tocotrienol isomers (alpha, beta, gamma, and delta) in natural ratios. Tocotrienols offer extraordinary protective benefits to brain cells (e.g., white matter) and neurons, and higher serum levels of tocotrienols are associated with cognitive health. This brain health formula also features VegaPro™, XYMOGEN's proprietary pea/rice protein blend; Aminogen®, to facilitate protein absorption; and activated B vitamins, including Quatrefolic® (5-methyltetrahydrofolate or 5-MTHF).\*

Two scoops of BrainSustain powder provide the same amount of N-acetyl-L-cysteine, phosphatidylserine, acetyl-L-carnitine, alpha-lipoic acid, coenzyme Q10, and glucoraphanin (truebroc®) as eight capsules of XYMOGEN's NeuroActives™ BrainSustain™.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**DOES NOT CONTAIN:** Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, or artificial sweeteners.



# BrainSustain™

## Creamy Chocolate

**Dietary Supplement**  
NET WT 26.98 oz (765 g)



ePV:



# Supplement Facts

Serving Size: 2 Scoops (about 51 g)  
Servings Per Container: About 15

Amount Per Serving %Daily Value		Amount Per Serving %Daily Value	
Calories	180	Phosphorus (as dipotassium phosphate)	50 mg 4%
Total Fat	5 g 6%†	Magnesium (as Albion® di-magnesium malate)	50 mg 12%
Saturated Fat	1.5 g 8%†	Sodium (naturally occurring)	420 mg 18%
Total Carbohydrate	19 g 7%†	Potassium (from ingredients with naturally occurring potassium and dipotassium phosphate)	240 mg 5%
Dietary Fiber	8 g 29%		
Total Sugars	6 g **	Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	800 mg **
Includes 5g Added Sugars	10%	N-Acetyl-L-Cysteine	300 mg **
Protein	19 g	Sharp-PS® GREEN Phosphatidylserine	200 mg **
Vitamin C (as calcium ascorbate)	400 mg 444%	Alpha-Lipoic Acid	200 mg **
Vitamin D3 (cholecalciferol)	25 mcg (1000 IU) 125%	Kaneka Q10® Coenzyme Q10 (as ubiquinone)	200 mg **
Vitamin E (as d-alpha tocopheryl succinate)	134 mg 893%	life'sDHA® DHA (docosahexaenoic acid from algal oil)	50 mg **
Riboflavin (as riboflavin 5'-phosphate sodium)	25 mg 1923%	EVNol™ Mixed Tocotrienols	50 mg **
Niacin (as niacinamide)	200 mg 1250%	Benfotiamine	50 mg **
Vitamin B6 (as pyridoxal 5'-phosphate)	50 mg 2941%	trubroc® Glucoraphanin (from broccoli extract) (Brassica oleracea italica) (seed)	30 mg **
Folate (400 mcg DFE as Quatrefolic® (6S)-5-methyltetrahydrofolic acid, glucosamine salt and 400 mcg DFE as calcium folinate)	800 mcg DFE 200%	Mixed Tocopherols	18 mg **
Vitamin B12 (as methylcobalamin)	1000 mcg 41,667%		
Calcium (as calcium ascorbate and ingredients with naturally occurring calcium)	60 mg 5%		
Iron (naturally occurring)	5 mg 28%		

**Other Ingredients:** VegaPro™ (XYMOGEN's proprietary blend of pea protein isolate, taurine, glycine, rice protein concentrate, and L-glutamine), dried cane syrup, cocoa powder, natural flavors (no MSG), inulin (from chicory), sunflower oil, cellulose gum, xanthan gum, medium-chain triglyceride oil, Aminogen® fungal proteases, guar gum, stevia leaf extract, and silica.

Sharp-PS® GREEN is a registered trademark of Zymotec Ltd.

Albion is a registered trademark of Albion Laboratories, Inc.

Kaneka Q10® is a registered trademark of Kaneka Corp.

AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under US patent 5,387,422.

**Quatrefolic®**  
Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US patent 7,947,662.



Produced under US patent 6,521,818 licensed from Brassica Protection Products LLC; truebroc is a registered trademark of Brassica Protection Products LLC.



EVNol™ (formerly known as Tocomin®) is a trademark of ExcelVite. Tocotrienols are extracted and concentrated from sustainably sourced Malaysian red palm oil. Protected by US patent 5,157,132.



life'sDHA® is a trademark of DSM.

**Typical Amino Acid Profile Per Serving:**

Alanine	930 mg
Arginine	1,870 mg
Aspartic Acid	2,470 mg
Cysteine	220 mg
Glutamic Acid	3,620 mg
Glycine	1,380 mg
Histidine	540 mg
Isoleucine	970 mg
Leucine	1,810 mg
Lysine	1,540 mg
Methionine	240 mg
Phenylalanine	1,180 mg
Proline	970 mg
Serine	1,140 mg
Threonine	840 mg
Taurine	500 mg
Tryptophan	220 mg
Tyrosine	820 mg
Valine	1,080 mg

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