

PROFESSIONAL USE ONLY

Not for resale on third-party websites,
including, but not limited to, Amazon® and eBay®.

DIRECTIONS: Take two capsules one to two times daily, or as directed by your healthcare practitioner.

Consult your healthcare practitioner before use, especially if you have a current medical condition or take prescription drugs. Pregnant or lactating women should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

Mood Food ES™ combines the same vitamins, minerals, and amino acids as first generation Mood Food™. Modification in quantities of ingredients, plus the addition of Suntheanine®, vitamin C, and selenium, further enhance synthesis of chemical messengers that support calmness, a healthy mood, and a healthy nervous system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



Mood Food ES™

Supports Calmness and Relaxation*

ePV:

60 Vegetarian Capsules | **Dietary Supplement**



EXCLUSIVE PROFESSIONAL FORMULAS

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin C (ascorbic acid)	20 mg	22%
Vitamin B6 (as pyridoxal 5'-phosphate)	5 mg	294%
Folate (150 mcg DFE as Quatrefolic® (6S)-5-methyltetrahydrofolic acid, glucosamine salt and 150 mcg DFE as calcium folinate)	300 mcg DFE	75%
Vitamin B12 (as methylcobalamin)	30 mcg	1250%
Magnesium (as TRAACS® magnesium lysinate glycinate chelate)	70 mg	17%
Zinc (as TRAACS® zinc bisglycinate chelate)	3 mg	27%
Selenium (as Albion® selenium glycinate complex)	50 mcg	91%
Taurine	300 mg	**
5-HTP (5-hydroxytryptophan) (from <i>Griffonia simplicifolia</i> (seed))	100 mg	**
L-Theanine (Suntheanine®)	100 mg	**
GABA (gamma-aminobutyric acid)	100 mg	**

** Daily Value (DV) not established.

Other Ingredients: HPMC (capsule), microcrystalline cellulose, stearic acid, magnesium stearate, silica, and medium-chain triglyceride oil.

Suntheanine® Suntheanine®, a patented form of L-Theanine, is a trademark of Taiyo International, Inc.
Quatrefolic® Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

Albion and TRAACS are registered trademarks of Albion Laboratories, Inc. Chelates covered by U.S. patent 7,838,042 and patents pending.

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