**MedCaps DPO™**

**Dual-Phase Optimizers**

**Detoxification**

MedCaps DPO™ is formulated to support phase I and phase II detoxification, hence the term “Dual-Phase Optimizers.” Ellagic acid, catechins, glucosinolates, silymarin, artichoke leaf, alpha-lipoic acid, methylsulfonylmethane (MSM), N-acetyl-L-cysteine (NAC), and calcium D-glucarate support critical steps in the complex process of detoxification—a function essential to overall health and vitality. This unique formula provides activated B vitamins for enhanced bioavailability, including 5-methyltetrahydrofolate (5-MTHF) as Quatrefolic® for optimal folate utilization. MedCaps DPO provides antioxidant support to minimize the damaging effects of free radicals generated between the two phases.*

**Clinical Applications**

» Supports Balanced Detoxification (Phases I & II)*

» Supports Liver Health and Energy Generation*

» Promotes a Variety of Phase II Pathways*

» Supports Natural Antioxidant Mechanisms*

**Available in 120 capsules**

**Discussion**

The term “Dual-Phase Optimizers” refers to those substances with the ability to simultaneously influence and “optimize” the activity of certain phase I and phase II detoxification enzyme systems. Optimizers generally upregulate or induce phase II enzymes; however, optimizing phase I enzymes may mean downregulating them, without totally inhibiting them, when they are too high. Dual-phase optimizers may further balance the phases of detoxification by supporting antioxidant defense systems and binding free radicals formed between the two phases.*

Examples of dual-phase optimizers in MedCaps DPO™ include ellagic acid from pomegranate, catechins from green tea extract, and glucosinolates from watercress powder. Ellagic acid induces phase II enzymes at the gene level and ensures these are not over-induced by modulation of CYP1A (cytochrome P450 1A) activities.[1,2] In addition, ellagic acid can bind directly to DNA to protect it and can also bind directly to some toxic substances to promote their excretion. The catechins in green tea support antioxidant activity and may bind directly to toxic substances as well, performing dual functions during detoxification. When toxic substances are encountered, catechins modulate detoxification by limiting phase I enzyme production.[3] Glucosinolates are precursors to isothiocyanates. Watercress, in particular, is metabolized by gut flora into phenylethyl isothiocyanate (PEITC), which, like the other ingredients above, can selectively inhibit phase I enzymes and induce the activities of phase II enzymes.[4]

Liver detoxification is further supported with the inclusion of silymarin (milk thistle seed extract), artichoke leaf extract, and alpha-lipoic acid, all of which are selected for their hepatoprotective properties. These key players also promote glutathione production and assist with antioxidant protection.[5-7]

Liver detoxification is further supported with the inclusion of silymarin (milk thistle seed extract), artichoke leaf extract, and alpha-lipoic acid, all of which are selected for their hepatoprotective properties. These key players also promote glutathione production and assist with antioxidant protection.[5-7]

Liver detoxification is further supported with the inclusion of silymarin (milk thistle seed extract), artichoke leaf extract, and alpha-lipoic acid, all of which are selected for their hepatoprotective properties. These key players also promote glutathione production and assist with antioxidant protection.[5-7]

Liver detoxification is further supported with the inclusion of silymarin (milk thistle seed extract), artichoke leaf extract, and alpha-lipoic acid, all of which are selected for their hepatoprotective properties. These key players also promote glutathione production and assist with antioxidant protection.[5-7]

Liver detoxification is further supported with the inclusion of silymarin (milk thistle seed extract), artichoke leaf extract, and alpha-lipoic acid, all of which are selected for their hepatoprotective properties. These key players also promote glutathione production and assist with antioxidant protection.[5-7]

Liver detoxification is further supported with the inclusion of silymarin (milk thistle seed extract), artichoke leaf extract, and alpha-lipoic acid, all of which are selected for their hepatoprotective properties. These key players also promote glutathione production and assist with antioxidant protection.[5-7]
MedCaps DPO™ Supplement Facts

**Serving Size: 2 Capsules**

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount Per Serving</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin B6 (as pyridoxal 5'-phosphate)</td>
<td>25 mg</td>
<td>1471%</td>
</tr>
<tr>
<td>Folate (as Quatrefolic® (BS)-5-methyltetrahydrofolic acid, glucosamine salt)</td>
<td>200 mcg</td>
<td>50%</td>
</tr>
<tr>
<td>Vitamin B12 (as MecobalActive™ methylcobalamin)</td>
<td>100 mcg</td>
<td>4187%</td>
</tr>
<tr>
<td>Artichoke Aqueous Extract (Cynara scolymus)(leaf)(2.5% cynarin)</td>
<td>300 mg</td>
<td>**</td>
</tr>
<tr>
<td>Watercress (Nasturtium officinale)(aerial parts)</td>
<td>250 mg</td>
<td>**</td>
</tr>
<tr>
<td>Milk Thistle Extract (Silybum marianum)(seed)(80% silymarin)</td>
<td>118 mg</td>
<td>**</td>
</tr>
<tr>
<td>Pomegranate Extract (Punica granatum)(fruit)(40% ellagic acid)</td>
<td>125 mg</td>
<td>**</td>
</tr>
<tr>
<td>Alpha-Lipoic Acid</td>
<td>100 mg</td>
<td>**</td>
</tr>
<tr>
<td>N-Acetyl-L-Cysteine</td>
<td>100 mg</td>
<td>**</td>
</tr>
<tr>
<td>Sodium Sulfate Anhydrous</td>
<td>100 mg</td>
<td>**</td>
</tr>
<tr>
<td>Green Tea Aqueous Extract (Camellia sinensis)(leaf)(80% polyphenols, 60% catechins, 30% EGCG, 6% caffeine)</td>
<td>93.75 mg</td>
<td>**</td>
</tr>
<tr>
<td>Methylsulfonylmethane (MSM)</td>
<td>50 mg</td>
<td>**</td>
</tr>
<tr>
<td>Calcium D-Glucarate</td>
<td>50 mg</td>
<td>**</td>
</tr>
</tbody>
</table>

**Other Ingredients:** HPMC (capsule), stearic acid, magnesium stearate, silica, medium-chain triglyceride oil, and microcrystalline cellulose.

**DIRECTIONS:** Take two capsules daily, or as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**DOES NOT CONTAIN:** Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically-modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

---

**References**


**Additional references available upon request**

Due to the evolving nature of interactions and contraindications, it is advised that practitioners consult a current database for new information.