

XYMOGEN® Edge Event

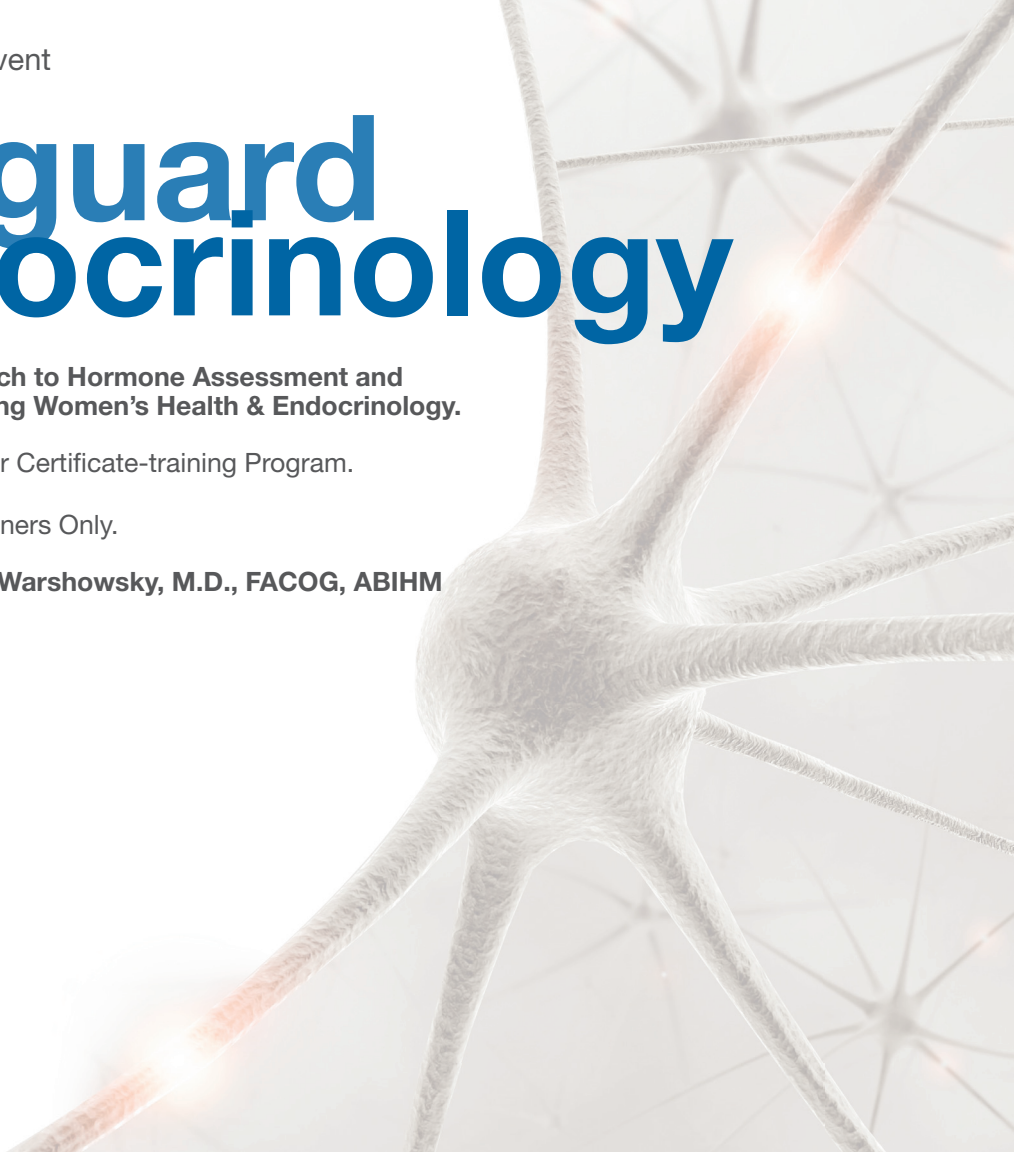
Vanguard Endocrinology

**An Integrative Approach to Hormone Assessment and
Balancing in Addressing Women's Health & Endocrinology.**

A Four-Module, 12-Hour Certificate-training Program.

For Healthcare Practitioners Only.

Presented by Allan B. Warshowsky, M.D., FACOG, ABIHM



Vanguard Endocrinology Learning Objectives:

- Dramatically increase your practice income with nutritional products and services based on a proven clinical model.
- Gain clinical certainty in understanding & evaluating laboratory testing for hormonally related chronic disorders.
- Create a dynamic integrative clinical practice from one of the foremost opinion leaders in the field of hormones.

What is XYMOGEN?

With more than twenty-five years experience serving health care practitioners in the field of functional and integrative medicine, XYMOGEN has quickly become one of the nation's top nutritional companies. It is with great pleasure that we invite you to join the fast-growing number of healthcare professionals who have discovered the profound benefits of XYMOGEN's exclusive professional formulas.

XYMOGEN's status as the fastest growing company and brand in the practitioner channel was reinforced in 2007, 2008, and 2010 when it earned a position on the Inc. 500 list of the fastest-growing private companies in the United States. In February 2010, XYMOGEN acquired iNutritionals, Dr. David Perlmutter's line of neurological formulas. In conjunction with the acquisition, David Perlmutter, MD, has joined XYMOGEN as chief neuroscience officer, heading up XYMOGEN's Board of Advisors.

XYMOGEN's Board of Advisors include 18 esteemed practitioners in the field of Functional and Integrative Medicine, including Allan Warshowsky, MD, who is dedicated to the field of endocrinology and hormone health. It is with great pleasure that we offer you this first-time Vanguard Endocrinology four-module certificate-training program.



XYMOGEN®

Vanguard Endocrinology is an educational program offering a new and cutting-edge perspective on addressing the hormonal relationship to chronic disease. This program will focus on hormones as the major chemical messengers that communicate to various systems, including the endocrine system. You will learn integrative clinical strategies for addressing both the symptoms and the underlying cause of hormonally related chronic diseases from one of the foremost opinion leaders on the subject of hormones. Dr. Allan Warshowsky is a pioneer in hormone therapies. He has over 30 years experience in medicine and gynecology, and is a successful integrative medicine clinician.

Please join Dr. Warshowsky for this 12-hour certificate-training program in Vanguard Endocrinology which consists of your choice of one introductory session (held this summer, 2011) and four modules (held this fall: One Saturday afternoon a month, September through December, 2011).

Program Description:

- I. Certificate Program** (upon completion of all four modules)
- II. Non-CME/Non-CEU**
- III. The Introductory Dinner Meeting—Summer 2011—IN THE TRI-STATE AREA**
- IV. The Four-Module Course**—One Saturday afternoon a month Sept. through Dec. 2011

Vanguard Endocrinology Introductory Sessions:

White Plains, NY — Long Island, NY — Parsippany, NJ — Stamford, CT

Please join us for any one of the Vanguard Endocrinology introductory sessions in the tri-state area where you will learn about the entire fall 2011 four-module, 12-hour certificate-training course. At this lecture, Dr. Warshowsky will discuss:

- What is “Vanguard Endocrinology”?
- Allopathic Medicine vs. Integrative Medicine
- Hormones as the Messengers of Stress and as the “Yellow Canaries”
- The Biochemistry of Hormones and Endocrine Imbalance
- Achieving Hormone Balance Through Detoxification, Intestinal Health, Environmental Factors, Sugar Regulation and an Anti-inflammatory Approach
- A Successful Clinical 28-Day Hormone Detoxification Program
- Products and Protocols for Hormonal Balance
- Q & A

Four Introductory Dinner Meetings in the NY/NJ Tri-State Area

Choose one location to attend one introductory meeting:

Wednesday, July 13th, 2011 – Long Island, NY

Time: 7:00–9:30 pm

Melville Marriott

1350 Old Walt Whitman Road, Melville, NY
(For Directions Only: 631-423-1600)

Cost: \$35 (Dinner included, and paying attendees receive a credit voucher toward XYMOGEN formulas)

To register, contact Paul Sherman, XYMOGEN Functional Medicine Consultant at **516-359-6431** (or e-mail: paul.sherman@xymogen.com)

Thursday, July 21st, 2011 – White Plains, NY

Time: 7:00–9:30 pm

Crowne Plaza White Plains

66 Hale Avenue, White Plains, NY
(For Directions Only: 914-682-0050)

Cost: \$35 (Dinner included, and paying attendees receive a credit voucher toward XYMOGEN formulas)

To register, contact Amy Salerno, XYMOGEN Functional Medicine Consultant at **914-393-0153** (or e-mail: amy@xymogen.com)

Thursday, July 28th, 2011 – Parsippany, NJ

Time: 7:00–9:30 pm

Sheraton Parsippany

199 Smith Road, Parsippany, NJ
(For Directions Only: 973-560-5162)

Cost: \$35 (Dinner included, and paying attendees receive a credit voucher toward XYMOGEN formulas)

To register, contact Richard Malkin, XYMOGEN Functional Medicine Consultant at **908-310-7333** (or e-mail: richard.malkin@xymogen.com)

Thursday, August 4th, 2011 – Stamford, CT

Time: 7:00–9:30 pm

Stamford Marriott Hotel & Spa

243 Tresser Blvd., Stamford, CT
(For Directions Only: 800-732-9689)

Cost: \$35 (Dinner included, and paying attendees receive a credit voucher toward XYMOGEN formulas)

To register, contact Amy Salerno, XYMOGEN Functional Medicine Consultant at **914-393-0153** (or e-mail: amy@xymogen.com)

Vanguard Endocrinology Certification Modules—Fall 2011

The four-module training program will be held in New York City one Saturday afternoon a month from September through December

Module 1: Saturday, Sept. 24th, 2011

Topic: Assessment - Laboratory Evaluations of Hormone Imbalance and the 4R Gut Restoration Program

Module 2: Saturday, Oct. 22nd, 2011

Topic: The Chronic Stress Connection - Adrenal and Thyroid Dysfunction

Module 3: Saturday, Nov. 19th, 2011

Topic: Estrogen Dominance - Fibroids, Endometriosis and PCOS (Polycystic Ovary Syndrome)

Module 4: Saturday, Dec. 3rd, 2011

Topic: Optimal Aging - Menopause, Andropause and HRT

Format of Each Module:

1. Science, Research, and Biochemistry
2. Assessment, Symptoms, and Diagnosis
3. Case Studies
4. Nutritional Products and Protocols
5. Lifestyle, Mind-Body Techniques, and Diet
6. Q & A

“This certification program is for the medical physician, osteopathic physician, chiropractor, naturopathic physician, acupuncturist, clinical nutritionist, registered dietitian, nurse practitioner, physician assistant, pharmacists and other licensed healthcare practitioners.”

Vanguard Endocrinology Certification Modules

Location:

The Grand Hyatt Hotel – New York
109 East 42nd Street at Grand Central
New York, NY 10017

(For Directions Only: 212-883-1234)

Saturdays: September 24th, October 22nd, November 19th & December 3^d

TIME: 2:00 pm – 5:30 pm (for each module)

To register: Contact your local Functional Medicine Consultant as listed under the introductory session.

For general information, please call: Amy Salerno, XYMOGEN Functional Medicine Consultant and Director of Seminars for the NY Hudson Valley Region and CT at 914-393-0513

Note: Lunch is not included. Beverages & protein shakes will be served.

Cost:

\$199 (Per individual module)

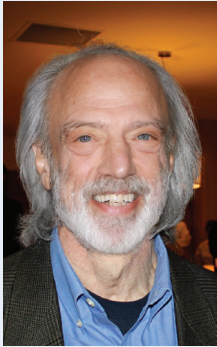
\$695 (Package rate for all four modules)

Early Bird Rate: (before August 12th, 2011)

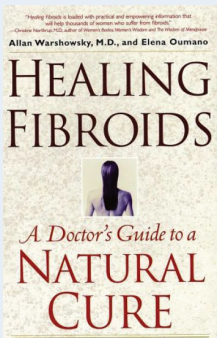
\$149 (Per Individual Module)

\$495 (All Modules)





Presenter: Allan Warshowsky, MD is a board-certified OB-GYN and a 1973 graduate of SUNY Medical School. His integrative private practice in Rye, NY, focuses on integrative healthcare for women, men, and teens. Dr. Warshowsky's successful practice therapies include nutritional therapy, lifestyle changes, visualization and imagery, as well as bioidentical hormones. He is the author of *Healing Fibroids: A Doctor's Guide to a Natural Cure* and a contributor to the 2nd edition of *Integrative Medicine* edited by David Rankel. Dr. Warshowsky was a founding physician and director of the Women's Program at Beth Israel's Continuum Center for Health and Healing in NYC from 2000 to 2003. Dr. Warshowsky is a founding diplomat and director emeritus of the American Board of Integrative Holistic Medicine; a member of the American Holistic Medical Association and the American Board of Obstetrics and Gynecology; and a fellow of the American College of Obstetricians and Gynecologists. Dr. Warshowsky is a respected member of the XYMOGEN Board of Advisors. For more information on Dr. Warshowsky's private practice, contact his office at: **914-967-1630** (website: doctorallan.com)



Also available during the certification modules, or on Amazon.com, *Healing Fibroids: A Doctor's Guide to a Natural Cure*, written by Dr. Allan Warshowsky and Elena Oumano.

For more information about XYMOGEN go to: www.xymogen.com